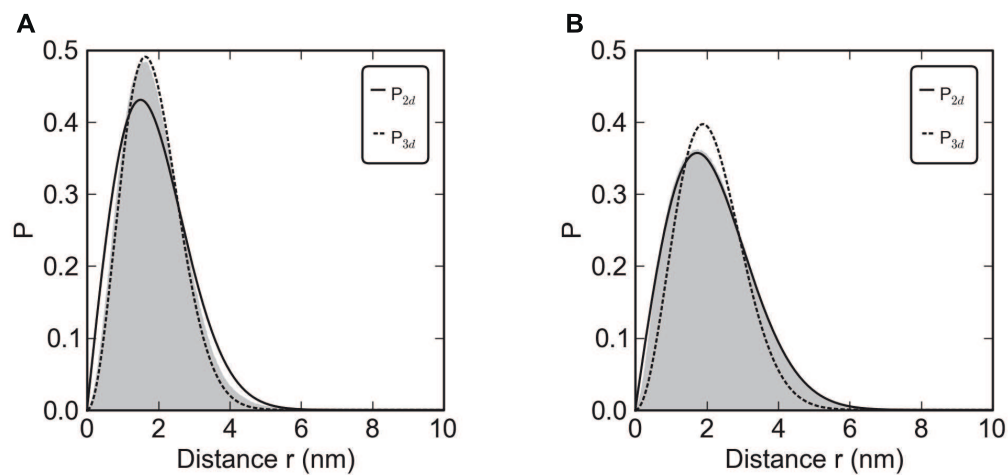


Supporting Information: Figure S6



Displacement distributions for CE (Panel A) and POPC (Panel B) together with the fits of P_{2d} and P_{3d} . For CE, P_{3d} fits the data substantially better than the 2D description, while for POPC, P_{2d} describes the data significantly better compared to the 3D realization. The time interval used in the analysis was 82 ns for both distributions (A,B).