

parameter	symbol	value	unit
<b>discretization parameters</b>			
element size	$\Delta x$	2.5	$\mu\text{m}$
<b>basic cellular Potts model parameters</b>			
intrinsic cell motility	T	1	-
target volume	A(s)	50.264 * 314.16	pixels $\mu\text{m}^2$
strength of volume constraint	$\lambda$	500	-
cell-medium contact cost	$J_{cm}$	1.25 0.5	$\text{pixelside}^{-1}$ $\mu\text{m}^{-1}$
cell-cell contact cost	$J_{cc}$	1.0	$\mu\text{m}^{-1}$
<b>finite element parameters</b>			
Young's modulus	E	0.5-32	kPa
Poisson's ratio	v	0.45	-
thickness for 2D analysis	t	10	$\mu\text{m}$
accuracy level of solver	$\psi$	0.00001	-
<b>cell traction model</b>			
traction per unit length	$\mu$	0.01 **	$\text{nN } \mu\text{m}^{-1}$
<b>stretch guidance model</b>			
maximum guidance term	$\lambda_{durotaxis}$	10	-
threshold for stiffness preference	$E_\theta$	15	kPa
steepness of stiffness preference	$\beta$	0.5	$\text{kPa}^{-1}$
strain stiffening parameter	$\epsilon_{st}$	0.1	-

\* based on a cell diameter of 20 $\mu\text{m}$

\*\* leads to total cell traction around 300nN (1)

**Table S1.** Parameter settings of the simulation model